



# WOMEN'S SUMMIT 2024

## Swag Bag

Thursday 7 March 2024 | Virtual

Brought to you by



# THANK YOU

On behalf of Equality Leaders, we would like to thank you for joining us at our annual Women's Summit.

We hope you found it to be a valuable and enriching knowledge-sharing experience providing you with actionable steps to make change happen.

Together with our speakers, we have curated this Swag Bag offering you the opportunity to continue your learning journeys.

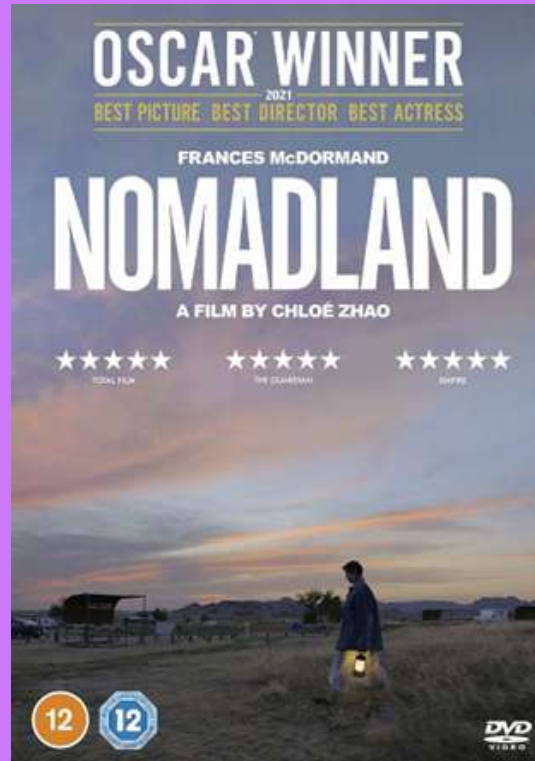
Yours in lifelong learning,

**Minaxi Mistry**

CEO & Founder

Equality Leaders

## WATCH



*Nomadland* is a mediational film that follows a woman in her sixties who, after losing her job and everything that might keep her in one place, moves into a van as she journeys through the American West. *Nomadland* won Best Picture, Best Actress, and Best Director at the 2021 Academy Awards — making director Chloe Zhao the second of only three women to earn the award and the first woman of colour.



Kena and Ziki both dream of a life beyond the stifling confines of their conservative Nairobi neighbourhood. From the moment the two young women meet, the connection is clear. Torn between the romantic desire to follow their hearts and the pragmatic need to follow their heads, the star-crossed lovers find themselves forced to make an impossible choice.

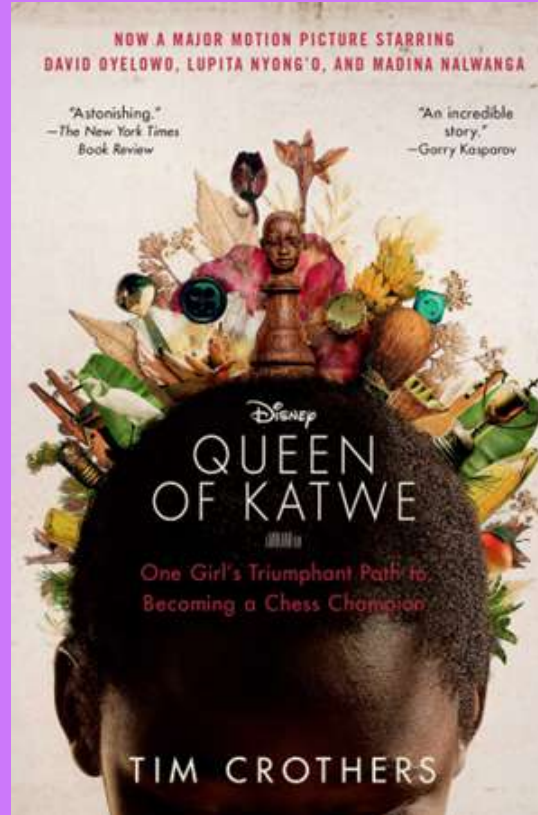


*Dark Girls* is a documentary about the deep-rooted colourism in the Black community — as well as outside it — that surrounds lighter skin versus darker skin.



Partly based on director Lulu Wang's real-life experience, *The Farewell* follows a Chinese-American family reunion in Changchun, China, as they support their grandma through her last days. Through the eyes of third-generation Bili, the award-winning dramedy explores family tensions and cultural clashes in a light-hearted fashion.

## WATCH



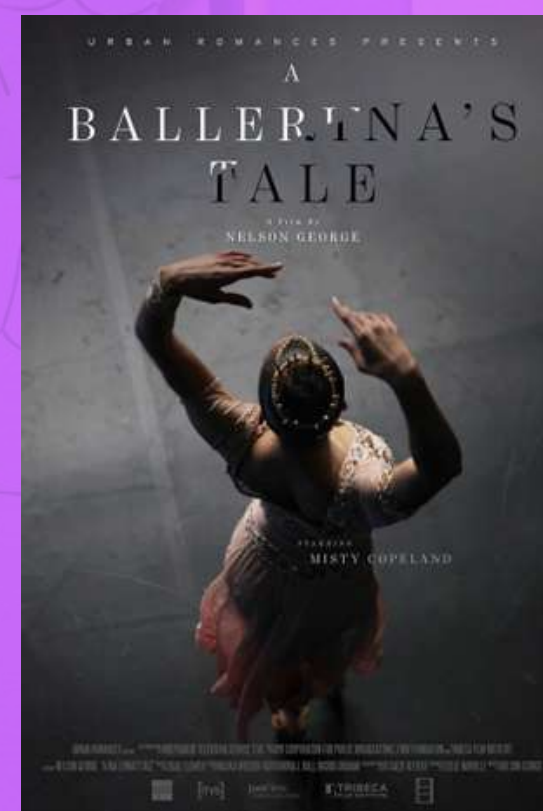
Based on the life of Phiona Mutesi and directed by Mira Nair, *Queen of Katwe* is a biographical drama about a girl living in Katwe, a slum of Kampala in Uganda, who learns to play chess and becomes a Woman Candidate Master after her victories at World Chess Olympiads.



*CODA* is a tender coming-of-age dramedy about a child of deaf adults (CODA) who struggles to balance her deaf family's fishing business with her own dreams of being a singer.



*She Said* is based on the 2019 book of the same title by reporters Jodi Kantor and Megan Twohey. The film follows the reporters' New York Times investigation that exposed Harvey Weinstein's history of abuse and sexual misconduct against women.



*A Ballerina's Tale* is a documentary about Misty Copeland, the first African-American woman to hold a main role at the American Ballet Theatre.



# CULTURAL INTELLIGENCE CQ® MASTERCLASS



We explore CQ® and its four capabilities in-depth, deepen your understanding of cultural values, and provide leaders with the evidence-based insights needed to begin driving meaningful organisational change.

Organisations across the globe are applying CQ to harness their potential to drive:

### **Diversity, Equity & Inclusion**

CQ offers a fresh perspective to enable a strategic approach to DE&I.

### **Leadership Development**

CQ gives key decision-makers the self-awareness to lead with compassion and agility.

### **Recruitment, Hiring & Promotion**

CQ provides a framework to safeguard equitable decision-making.

### **Team Performance**

CQ enhances team capabilities to communicate and innovate effectively.

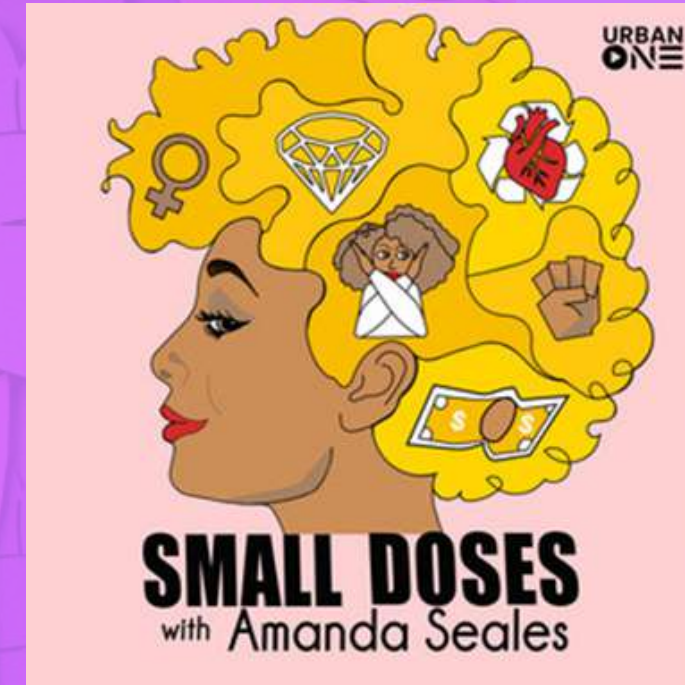
Visit us [here](#) for further details.

# L I S T E N



A feminist lifestyle podcast on a mission to stay curious, build empathy and raise hell. Hosted by Cristen Conger.

[Listen.](#)



Your favourite truth teller, comedian, Amanda Seales, is dropping gems with, Small Doses, a weekly podcast that brings you potent truths for everyday use. [Listen.](#)

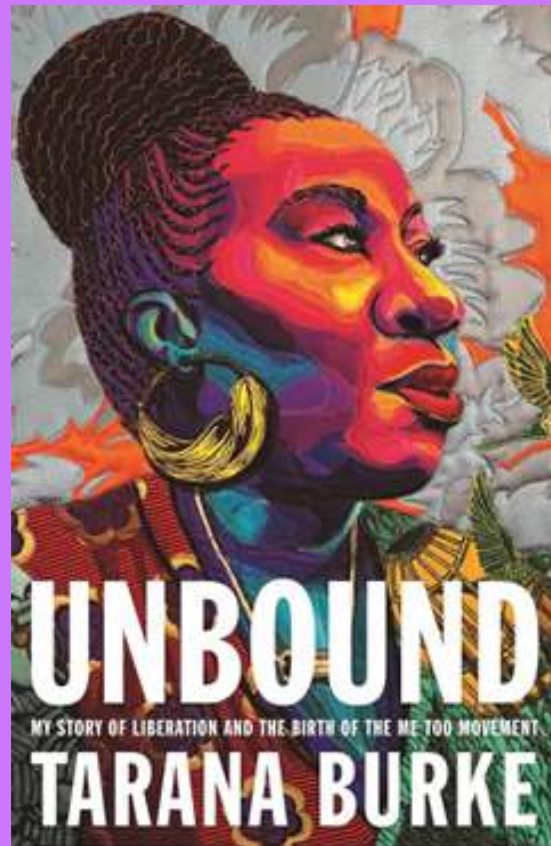


Join Michelle Obama as she dives deep into conversations with family, friends, and colleagues to share tools for living in today's world with her trademark humour, candour, and compassion. [Listen.](#)



The Black feminist podcast of your dreams: compelling conversations curated the way only Black women can. [Listen.](#)

# READ



From the founder and activist behind one of the largest movements of the twenty-first century, the #MeToo movement, Burke debuts a powerful memoir about her own journey to saying those two simple yet infinitely powerful words and how she brought empathy back to an entire generation.



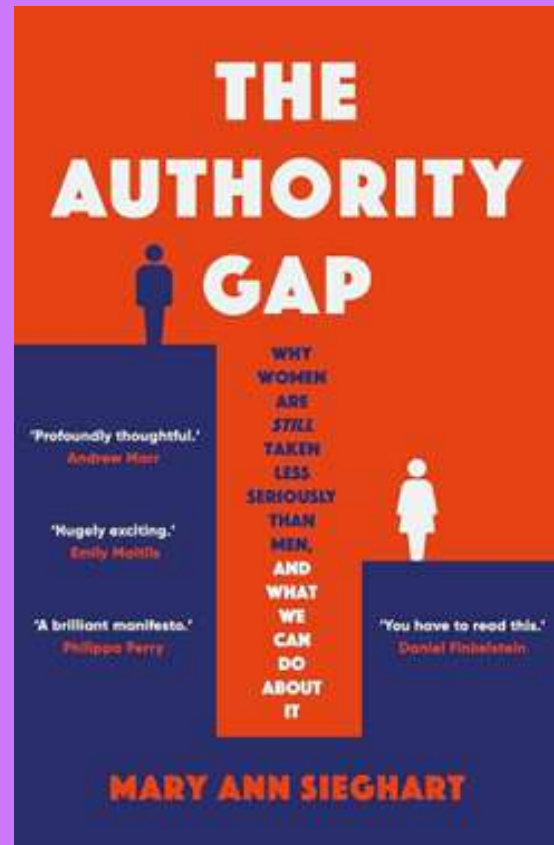
Part inspiration, part memoir, *Untamed* explores the joy and peace we discover when we stop striving to meet the expectations of the world, and instead dare to listen to and trust in the voice deep inside us. *Untamed* shows us how to be brave. And, as Glennon insists, 'The braver we are, the luckier we get.'



Caroline Criado-Perez's landmark book of feminist inspiration introduces us to the pioneers who motivated us to do it like a woman, including a female fighter pilot in Afghanistan; a Chilean revolutionary; the Russian punks who rocked out against Putin; and the Iranian journalist who dared to uncover her hair.



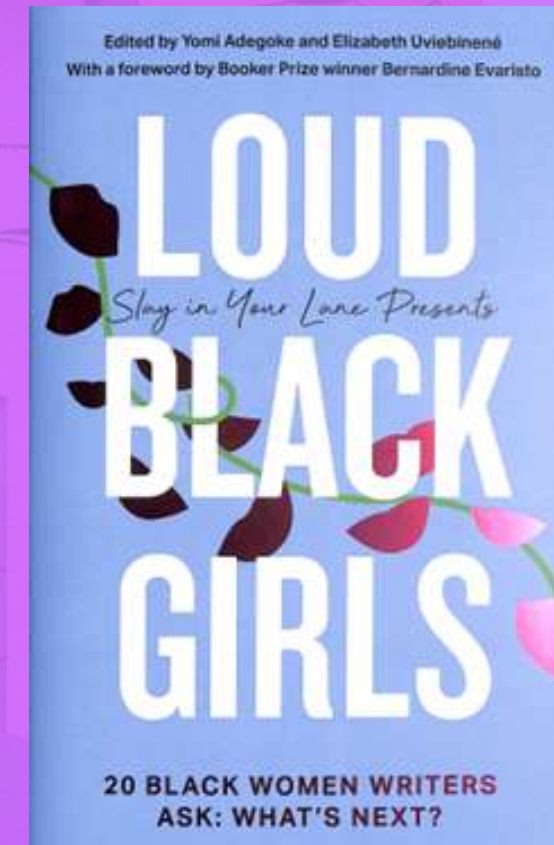
This no-holds-barred guidebook is aimed at white women who want to stop being nice and start dismantling white supremacy. It's no secret that women in contemporary society are conditioned to be "nice," but did you know that an emphasis on being polite and an avoidance of conflict are characteristics of white supremacy culture?



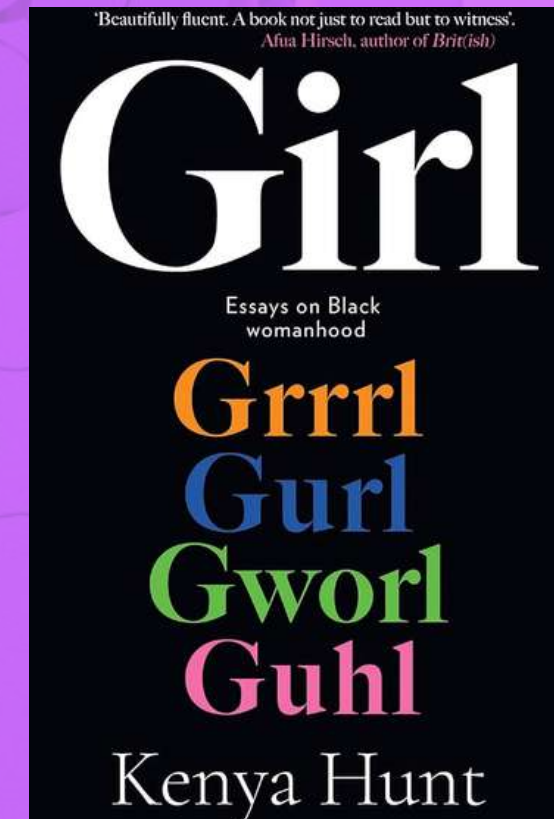
Marshalling a wealth of data with precision and insight, and including interviews with pioneering women such as Baroness Hale, Mary Beard and Bernadine Evaristo, this book exposes unconscious bias in this fresh feminist take on how to address and counteract systemic sexism in ways that benefit us all.



*I'm Not Yelling* is part strategy for savvy Black business women navigating a predominantly white corporate America and part vessel empowering Black women to find their voices in toxic work environments and be successful business women.



Featuring essays from diverse voices of twenty established and emerging Black British writers, the authors invite the next generation of Black women – authors, journalists, actors, activists and artists – to explore what it means to them to exist in these turbulent times.



*Girl* is a provocative, heartbreaking and frequently hilarious collection of original essays on what it means to be Black, a woman, a mother and a global citizen in today's ever-changing world.





# ALLYSHIP UNLOCKED



In 3 bite-size virtual sessions, our Allyship Unlocked learning experience equips learners with the knowledge and tools needed to become active allies, supporting them on their inclusion journeys to nurture cultures of allyship.

It challenges learners to self-reflect, deepen their understanding of core DE&I concepts, and commit to doing better.

Delivering impactful learning outcomes are core to the learning experience:

**Foster psychological safety**

Building trust in everyday moments by embracing vulnerability.

**Cultivate self-awareness**

Committing to knowing and asking tough questions of self and others.

**Lead inclusively**

Role-modelling inclusive leadership with curiosity, courage and collaboration.

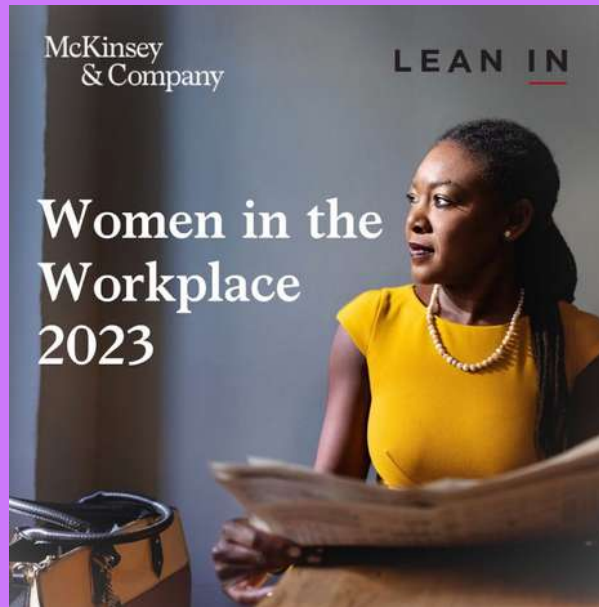
**Build high performing teams**

Adapting leadership to draw on team diversity.

**Practice self-accountability**

Committing to doing the work and holding self and others accountable.

Visit us [here](#) to book your seat.



### Women in the Workplace 2023

Women are more ambitious than ever, and workplace flexibility is fuelling them. Yet despite some hard-fought gains, women's representation is not keeping pace. That's according to the latest Women in the Workplace report from McKinsey, in partnership with LeanIn.Org. **Source: McKinsey Research.**



### Women @ Work 2023: A Global Outlook

Findings from this report reveal that despite signs of progress in burnout and stress levels, mental health is still a concern, and many women are struggling to switch off from work. Fewer women say they get adequate mental health support from their employers. **Source: Deloitte.**



### The Voice of Women at Work 2023

Surveying 1200 women of various ages, ethnicities, sexual orientations, employment industries, experience levels and roles, this research aimed to understand what it's really like to be a woman right now. To listen to the voice of women and hear what they think about their life, career, wellbeing, burnout, gender bias, authenticity, leadership, confidence, resilience and more. **Source: Women Rising.**

As an award-winning consultancy, our purpose is to be your most impactful DE&I partner. We take a disruptive, innovative and compassionate approach to equip you with the tools to become change enablers and accelerate learning journeys.

Our mission is to support businesses in delivering impactful DE&I outcomes critical to their sustainable and commercial success. We are led by evidence-based insights to focus on building thriving futures for the communities we live in, work with, and serve.

More about who we are, and our guiding values can be found in our corporate brochure [here](#).

### Consulting

We partner with organisations to support them in building value-led workspaces to foster cultures of inclusive and equitable decision-making.

### Learning

We design and deliver bespoke learning experiences which are collaborative, experiential, and built to make an impact.

### Events

Bringing people and communities together to share ideas, lived experiences, and enrich dialogues to transform the way we work and live.

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Great insight into a new way of thinking about stakeholder relations and management. Will certainly bring this to the fore of my thinking.

Scottish Government

Equality Leaders has been our partner in advancing our workplace's dialogue on race. Their guidance has empowered us to navigate these conversations with sensitivity and purpose.

Kellanova

Attending this DE&I Masterclass created new thought processes and ideas for how we can create an even more inclusive environment at Sky, whilst producing massive value to our business.

Sky

Thank you for leading these sessions - your commitment to making them as meaningful and impactful as possible is undeniable.

17 Sport

It was an absolute joy to host the team at Equality Leaders, alongside a number of wonderful D&I experts looking to connect and share best practice with each other.

Auto Trader UK



# CONTACT US

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