



South Asian Heritage Month: Stories to Tell

SAHM is an opportunity for us to honour, recognise, and celebrate South Asian history and culture, as well as deepen our understanding of the rich cultural legacies of South Asian communities and the contributions they've made to our global family.

It would also be remiss to ignore our shared past and the historical context and nuances linking Empire with our understanding of modern-day Britain. Pivotal to this is the role of storytelling and crafting those spaces for South Asian people to connect with one another and community using the medium of storytelling.

As Vivek H. Murthy writes, *"Stories make individuals feel connected and promote a sense of belonging...tales help us understand who we are. They give meaning to our struggles and comfort us when we are suffering or afraid. They bring us together."*

Our Brief brings together a curated selection of resources to encourage and challenge you to step in to SAHM with respectful curiosity, the willingness to listen to understand, and an opportunity to bridge differences.

This Month's Features



South Asian Muslim Women's Leadership Experiences

This research examines the multi-layered challenges they face in employment and leadership positions. It highlights the need for employers to consider intersectionality to enable Brown women's inclusion and leadership. Read [here](#).



Uplifting Black and South Asian Women in the Workplace

2 in 3 Black and South Asian women at managerial level report their ethnicity or gender impacted their progression into a leadership role, with clear barriers remaining and worsened mental health. Download [here](#).



Investing in Ethnicity in the Workplace 2023

This report celebrates the top 25 UK Employers driving representation and inclusion within ethnic diversity in their workplaces. It also offers a simple and effective toolkit to help organisations move the needle on their DE&I journeys. Read [here](#).

Upcoming Events





Cultural Intelligence CQ® Webinar | 13 September 2023

Join us for our complimentary webinar during which we'll introduce you to the CQ Model - an actionable framework used as an approach to enable DE&I Strategy and as a roadmap to lead more inclusively. Register [here](#).



The Offbeat Sari | 19 May - 17 Sept 2023

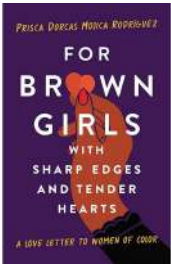
This major exhibition celebrates the contemporary sari by unravelling its numerous forms, demonstrating the sari to be a metaphor for the layered and complex definitions of India today. It brings together dozens of the finest saris of our time from designers, wearers and craftspeople in India. Book [here](#).



Delivering Your ED&I Impact Masterclass | London 27 Sept 2023

This [SRA](#) members-only Masterclass is for ED&I practitioners actively engaged in designing and delivering their ED&I strategy. Our curated sessions will connect you with thought leadership from within and outside of sport. Book your seat [here](#).

EL Recommends



Read
For Brown Girls: A Love Letter to Women of Colour

For generations, Brown girls have had to push against powerful forces of sexism, racism, and classism, often feeling alone in the struggle. By founding Latina Rebels, Prisca Dorcas Mojica Rodríguez has created a community to help women fight together. Get your copy [here](#).



Listen
Roots with South Asian Today

Moving beyond chai and Bollywood tropes, Roots dives deep into identity, gender, race, caste and sexuality through conversations with global South Asian voices. South Asian Today is Australia's first media start-up for South Asian women and non-binary folks. Listen [here](#).



Watch
Brown Women Defying Stereotypes, Tradition and Culture

We hosted our 2023 Women's Summit earlier this year with our panel of Brown women speaking to the ways in which they are unbinding themselves from tradition and how their cultural heritage informs the work they are doing today. Watch [here](#).



Visit
Queer Joy Exhibition

An exhibition of striking portraits of Queer people captured by emerging LGBTQIA+ photographers from the UK and abroad shining a light on the unfiltered self-expression that is vital to the Queer community. Find out more [here](#).

Meet The Team



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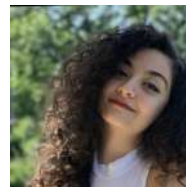
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